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负债累累时，你该如何自救？

How can you help yourself when you are in debt?

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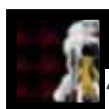
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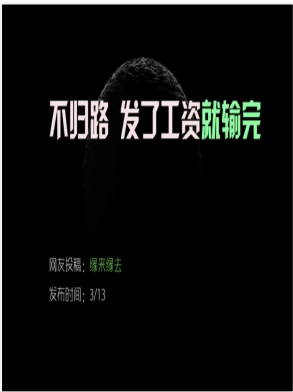
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